### Cambria County Resource Directory

www.co.cambria.pa.us

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### **Cambria County Resource Directory Table of Contents**

<u>Service</u>	<u>Page</u>
Cambria County Alcohol and Drugs Services	4
Alcoholics Anonymous (AA)	5
Cambria County Drug and Alcohol Program	5
Charter Behavioral Health Systems at Cove Forge	6
Clear Brook, Inc	6
Gateway Rehab Center	6
Narcotics Anonymous (NA)	7
New Beginnings at Cove Forge	7
Cambria County Employment and Vocational Guidance	8
Admiral Peary Area Vocational-Technical School	9
Appalachian Youth Services (AYS)	9
Cambria County Career Link	9
Bureau of Workforce Investment.	10
The Family Center	10
Goodwill Industries	10
Greater Johnstown Career and Technology Center.	11
New Choices/New Options	
Senior Community Service Employment Program	
Cambria County Financial Aid & Insurance/Medical Assistance	12
Altoona Hospital Family Planning Center	
Cambria County Assistance Office	
Cambria County Primetime Health	
Cambria County State Health Center	14
Catholic Social Services, Inc.	14
Gateway Health Plan	14
GPU Energy	15
Highmark Caring Foundation	15
Johnstown Free Medical Clinic	15
Med-Well East	16
Social Security Administration	16
Cambria County Food Assistance	17
Catholic Social Services, Inc.	18
Penn State Cooperative Extension	18
Salvation Army	18
Senior Activities Center of Cambria County, Inc.	19
St. Vincent DePaul	
St. Vincent DePaul Food for Families Food Bank and Family Kitchen	
United Methodist Human Services	20
United Way of Laurel Highlands	20
Cambria County Housing and Transportation Assistance	21
Cambria County Human Services Department	22
Cambria County Transit Authority - Urban Division	22
Cherry Ridge Development	22
Garden Terrace Apartments	23
Habitat for Humanity of Cambria County	23
Johnstown Housing Authority.	23
Salvation Army	24

United Methodist Human Services	24
United Way of Laurel Highlands	24
Cambria County Mental Health Assistance	
Cambria County Community Support Program Committee (CSP)	26
Cambria County Mental Health Program	
Cambria Residential Services, Inc (CRS).	
Charter Behavioral Health Systems at Cove Forge	
Meadows Psychiatric Center	
Memorial Medical Center	27
Cambria County Parenting Services and Education	28
Alternative Community Resource Program	
Beginnings, Inc.	
Cambria County Children and Youth Services	
Cambria County Domestic Relations	
Child Care Information Services of Cambria County	
Family Counseling and Training	30
Forest Hills Latchkey Program	
Highmark Caring Foundation	31
NAMI Pennsylvania	31
Mom's House, Inc. of Johnstown	
Westmont Family Counseling Ministries	32

## Cambria County Drug and Alcohol Services

### Alcoholics Anonymous (AA)

Laurel Highlands Intergroup 604 Oak Street Johnstown, PA 15902 (814) 535-6863 or (814) 533-5907 (814) 533-5097 Answering Service www.aa.org

Eligibility: Desire to stop drinking

Fees: None

If anyone wishes to find out the times and locations of AA meetings (within Cambria County) they can do so by contacting the AA answering service at the number above.

Services:

The only requirement for AA membership is a desire to stop drinking – tradition three, twelve traditions of Alcoholics Anonymous. There are no dues or fees; we are self-supporting through our own contributions. Members share their experiences in recovery from alcoholism on a one-to-one basis and introduce the newcomer to AA's Twelve Steps of personal recovery and its Twelve Traditions that sustain the fellowship itself.

### Cambria County Drug & Alcohol Program

Central Park Complex
110 Franklin Street, Suite 200
Johnstown, PA 15901
(814) 536-5388 – Monday through Friday
(814) 535-8531 Weekends & Evenings
(814) 536-6867 Fax
www.co.cambria.pa.us

Hours: 8:00 a.m. – 4:00 p.m. Monday – Friday

Fees: A financial determination is completed to assess the individual's ability to pay;

many clients receive services at no cost.

Services: Administrative Care Manager (ACM), Intensive Case Manager (ICM), Student

Assistance Case Manager, Treatment Providers and prevention education.

### Charter Behavioral Health Systems at Cove Forge

Martinsburg, PA 16662 1-800-873-2131

Hours: 24 Hours a Day, 7 Days a Week

Fees: Please contact the number above

Services: Detoxification, alcohol and drug dependency, dual diagnosis, mental health,

mental retardation, including residential programs for adults and adolescents, half-way house, wrap around family services and out-patient recovery centers.

### Clear Brook, Inc.

1100 E. Northampton Street Wilkes-Barre, PA 18706-9511 1-800-582-6241 (570) 823-1171

www.clearbrookinc.com

Hours: 24 Hours a Day, 7 Days a Week

Fees: Please contact the number above

Services: Inpatient treatment for alcoholism and chemical dependence (separate adult,

adolescent and family programs).

### **Gateway Rehabilitation Center**

www.gatewayrehab.org

100 Moffett Run Road Aliquippa, PA 15001 (412) 378-4461

Fax: (724) 375-8815

422 Main Street, Suite 203 Johnstown, PA 15901-1824

(814) 536-6973

Hours: Contact numbers listed above

Fees: Contact number above

Services: Chemical dependency rehabilitation using a variety of levels of care. These levels

(will eventually) include partial hospitalization, intensive outpatient, traditional outpatient group/individual counseling. Services will be provided to adult and to

youth/young adults from age 13.

### **Narcotics Anonymous (NA)**

Johnstown, PA 1-800-494-3414 www.na.org

### **New Beginnings at Cove Forge**

Altoona, PA 16601 (814) 944-4635

Hours: Please contact the number above

Fees: Please contact the number above

Services: New Beginnings is an inpatient drug and alcohol rehabilitation treatment program

for adults and adolescents. Programs include ropes therapy program, experimental therapy program, family program, cocaine track, continuing care program, adult program, adolescent program, hospital detoxification, education

programs and relapse program.

## Cambria County Employment & Vocational Guidance

### Admiral Peary Area Vocational-Technical School

948 Ben Franklin Highway Ebensburg, PA 15931-7628 (814) 472-6490 Fax: (814) 472-6494

www.admiralpeary.tec.pa.us

Hours: Please contact the number above

Fees: Please contact the number above

Services: Vocational assessment, part-time and full-time skill training programs, placement

assistance. Federal aid available to eligible individuals. General services include

educational and job training.

Appalachian Youth Services, Inc. (AYS)

115 South Marion Street Ebensburg, PA 15931 (814) 472-7874

Hours: Contact number listed above

Fees: No fee for services

Services: Paid work experience, subsidized employment, job search training, job placement

services, job retention services and adult basic education and GED preparation

services.

Eligibility requirements vary according to program. Call AYS for specific

information.

Cambria County Career Link

200 Lincoln Street Johnstown, PA 15901 (814) 533-2493

www.cambriacareerlink.org

Hours: 8:00 a.m. – 4:00 p.m. Monday through Friday

Fees: None

Services: The job center provides current job openings for Cambria County from a variety of

employers, has a career resource center, veteran information, civil service and

federal job information and employment counseling.

### **Bureau of Workforce Investment**

200 Lincoln Street Johnstown, PA 15901-1592 (814) 533-2493

Fax: (814) 536-2851 www.paworkforce.state.pa.us

Hours: 8:00 a.m. – 4:30 p.m. Monday through Friday

Fees: None

Services: Rapid Response Coordination Services provides services to employers and

employees when mass layoffs or closing occur. Services included are job counseling, skills assessment, job placement, job search assistance, skill training, on-the-job training, classroom training, relocation, literacy and basic skills

training, entrepreneurial training and English for non-English speakers.

**The Family Center** 

538 Park Street Johnstown, PA 15902 (814) 536-1555

Hours: Contact number listed above

Fees: Contact number above

Services: Grandparents as parents, GED classes, medication assistance program, up with

downs group, resume assistance, fatherhood group, PUMPT, girl power, family

involvement series and free computer training and computer lab.

**Goodwill Industries** 

416 Main Street Johnstown, PA 15901-1828 (814) 536-3637

Hours: Contact number listed above

Fees: Contact number above

Services: Career/personal assessment, social/life skills instruction, job seeking skills

instruction, job placement and job development, job coaching, sign language communication, ongoing vocational support, short term work experiences to investigate and appraise career opportunities, driver's education, Title 1 case management, career planning referral, occupational and classroom training, on the job training, community resource utilization, GED/Adult Basic Education and literacy, computers, workshops, job postings, labor market information and career

resources.

### **Greater Johnstown Career and Technology Center**

445 Schoolhouse Road Johnstown, PA 15904 1-888-434-4436 (814) 266-6073 Fax: (814) 269-4394

www.gjctc.org

Hours: Contact number listed above

Fees: Contact number above

Services: Adult evening classes, post-secondary training, police academy, commercial

driver training, ABE-GED literacy, standard evening high school, licensed

practical nursing and nursing assistant.

**New Choices/New Options** 

Mount Aloysuis College 7373 Admiral Peary Highway 1-800-246-8884 (814) 886-6351

Hours: Contact number listed above

Fees: Free and confidential services

Services: Vocational assessment, career counseling, referral services, skills identification,

career planning, job readiness instruction, job search skills, job training placement, job placement assistance, transportation assistance, tuition assistance and child

care assistance.

**Senior Community Service Employment Program** 

239 Main Street, Suite 150 Johnstown, PA 15901-1648 (814) 536-0691

Hours: Contact number listed above

Fees: Contact number above

Services: Community service and employment for seniors. To give community service to

the area and provide employment opportunities to individuals, 55 years and older

who meet our financial guidelines.

## Cambria County Financial Aid & Insurance/Medical Assistance

### **Altoona Hospital Family Planning Center**

501 Howard Avenue Altoona, PA 16601-4818 (814) 946-2012 www.altoonahospital.org

Hours: Contact number listed above

Fees: Fees are based on one's ability to pay

Services: Provides reproductive health care services including gynecological care, infertility

services, contraception, Natural Family Planning (CMBBT), genetic screening, cancer screening, colposcopy/cryosurgery for cervical disorders, sexually transmitted disease testing and treatment, hormone replacement and education

and referrals.

### **Cambria County Assistance Office**

625 Main Street Johnstown, PA 15901-1678 1-877-315-0389 (814) 533-2491 Fax: (814) 533-2214

www.dpw.state.pa.us

Hours: 8:00 a.m. – 4:00 p.m. Monday through Friday

Fees: None

Services: Public assistance programs: cash assistance, food stamps, medical assistance, low

income home energy assistance program and employment services.

**Cambria County Primetime Health** 

Johnstown Senior Community Center 550 Main Street Johnstown, PA 15901 (814) 535-8634

Hours: 8:00 a.m. – 4:00 p.m. Monday through Friday

Fee: Contact number listed above

Services: Primetime Health is a program sponsored by the Pennsylvania Department of

Aging and is designed to help seniors maintain a healthy lifestyle and independence. Services include: informational workshops, health screenings, etc.

### Cambria County State Health Center

184 Donald Lane, Suite 1 Johnstown, PA 15904 (814) 248-3120 Fax: (814) 248-3124

www.health.state.pa.us

Hours: Contact number above

Fees: Some programs are based on ability to pay

Services: To provide quality public health care. Provide well child care at Child Health

Immunization Clinics. Tuberculosis and communicable disease follow-up. Information and follow-up on a variety of other state programs. HIV/AIDS

testing site.

Catholic Social Services, Inc.

741 Railroad Street Johnstown, PA 15901-2225 (814) 535-6538

Hours: Contact number listed above

Fees: Contact the number above

Services: Marital counseling, counseling for unmarried mothers, counseling to family

members (parents and children), adoptive services which include recruitment and selection of adoptive services, placement and supervision of children in adoptive

homes, financial assistance, referrals to area food pantries.

**Gateway Health Plan** 

600 Grant Street, Suite 41 Pittsburgh, PA 15219-2704 (412) 255-4640

www.gatewayhealthplan.com

Hours: Contact number listed above

Fees: HMO for Medicaid recipients. Contact number above for more information

Services: Health education program, basic education session on managed care.

### **GPU Energy**

311 Industrial Park Road Johnstown, PA 15904-1941 (814) 944-8111

Hours: Contact number listed above

Fees: Contact number above

Services: Provides services to help people pay their electric bill.

**Highmark Caring Foundation** 

245 Market Street Johnstown, PA 15901 (814) 532-5431

www.wpacarngfoundation.com

Hours: 8:30 a.m. – 4:45 p.m. Monday through Friday

Fees: Contact number above

Services: Free or affordable health insurance for children (CHIP), the caring place -

bereavement support programs for children, adolescents and families who have

lost a loved one and information and materials on preventative health care.

Johnstown Free Medical Clinic

320 Main Street 3<sup>rd</sup> Floor Walnut Wing Johnstown, PA 15901 (814) 534-6242

www.johnstown-freeclinic.com

Hours: Contact number listed above

Fees: Contact number above for eligibility

Services: JFMC provides free medical and pharmaceutical care to uninsured eligible

patients using an all-volunteer medical staff. Eligible patients do not qualify for Medical Assistance and can not have any other form of insurance. All patients

must bring a photo ID and proof of household income.

### **Med-Well East**

1450 Scalp Avenue, Suite 003B Johnstown, PA 15904 (814) 266-8995 Fax: (814) 266-6375

Hours: Contact number listed above

Fees: Contact number above

Services: Urgent care walk-in, x-rays and laboratory.

**Social Security Administration** 

334 Washington Street, Suite 225 Johnstown, PA 15901 1-800-772-1213 (814) 533-4464

www.ssa.gov

Hours: 9:00 a.m. – 4:00 p.m. Monday through Friday

Fees: Contact number above

Services: Administer social security and supplemental security income benefits for disabled,

aged, blind and survivors of deceased workers.

### Cambria County Food Assistance

### Catholic Social Services, Inc.

741 Railroad Street Johnstown, PA 15901-2225 (814) 535-6538

Hours: Contact number listed above

Fees: Contact the number above

Services: Marital counseling, counseling for unmarried mothers, counseling to family

members (parents and children), adoptive services which include recruitment and selection of adoptive services, placement and supervision of children in adoptive

homes, financial assistance, referrals to area food pantries.

### **Penn State Cooperative Extension**

499 Manor Drive Ebensburg, PA 15931 (814) 472-7986 Fax: (814) 472-7987

www.cambria.extension.psu.edu

Hours: 9:00 a.m. – 4:00 p.m. Monday through Friday

Fees: None

Services: The expanded Food and Nutrition Education program helps limited income

families of young children improve their food buying skills, budget for food needs, learn how to eat for good health and plan and prepare nutritious meals.

### **Salvation Army**

576 Vine Street Johnstown, PA 15907-1639 (814) 539-3110

www.use.salvationarmy.org

Hours: Contact number listed above

Fees: None

Services: Food, clothing, shelter, medical and dental assistance and various other services

depending upon the need. We also provide an evening meal Monday through Friday from 4:00pm until 5:00pm except on holidays. Our shelter program is for adults and families. No person under the age of 18 may stay unless they are

officially emancipated.

### Senior Activities Center of Cambria County, Inc.

550 Main Street Johnstown, PA 15901 (814) 535-8634 www.johnstownpa.com

Hours: 8:00 a.m. – 4:00 p.m. Monday through Friday

Fees: Contact number above

Services: Home delivered meals, nutritious lunches served within the centers, suggested

donation \$2/seniors and \$3/others, free tax counseling for the elderly, etc.

St. Vincent DePaul

566 Vine Street Johnstown, PA 15901 (814) 536-6690

Hours: Contact number above

Fees: Contact number above

Services: Thrift stores, family kitchens, parish conferences, financial aid for utility shut off,

glasses, prescriptions and eviction notices and a caring center.

St. Vincent DePaul Food for Families Food Bank and Family Kitchen

231 Bedford Street Johnstown, PA 15905 (814) 539-7811

www.svdpcares.org

Hours: 9:00 a.m. – 12:00 p.m. Tuesday, Wednesday and Thursday

Fees: None

Services: The Family Kitchen soup kitchen provides a hot meal at no cost Monday – Friday

year round, including holidays.

### **United Methodist Human Services**

436 Vine Street Johnstown, PA 15901-1921 (814) 539-2633

www.johnstownfirst.org

Hours: 8:30 a.m. – 4:30 p.m. Tuesday, Wednesday, Thursday

8:30 a.m. – 3:30 p.m. Friday

Fee: None

Services: Togs-for-tots, provision of baby layette including a blanket, a sleeper, a T-shirt,

disposable diapers, etc. to low income families.

Local food pantry and clothing closet referrals are also available, as well as rent,

utilities and emergency household assistance to qualifying families.

**United Way of Laurel Highlands** 

422 Main Street, Suite 203 Johnstown, PA 15901 (814) 535-2563

Fax: (814) 535-2690

Hours: Contact number listed above

Fees: Contact number listed above

Services: The United Way of the Laurel Highlands helps meet local health and human-care

needs by supporting a network of 24 local charities with a single community wide campaign held annually. The United Way provides information and referral

services as well as emergency food, shelter and utility assistance.

# Cambria County Housing & Transportation Assistance

### **Cambria County Human Services Department**

Central Park Complex 110 Franklin Street, Suite 400 Johnstown, PA 15901 1-877-268-9463 (814) 534-2658 Fax: (814) 534-2508

Hours: 8:00 a.m. – 4:00 p.m. Monday through Friday

Fees: Contact the number above

Services: Homeless Assistance Program (HAP) funds are made available to mitigate the

effects of homelessness on families and individuals through the provision of

housing, prevention activities and case management services.

### **Cambria County Transit Authority Urban Division**

726 Central Avenue Johnstown, PA 15902 1-800-252-3889

Hours: Contact number listed above

Fees: Contact number listed above

Services: Provide fixed route and para-transit transportation services in Cambria County.

Service is provided from early morning until late at night. Saturday service ends early in the evening. Call the Transit Authority to obtain specific information.

**Cherry Ridge Development** 

Cherry Ridge Terrace Northern Cambria, PA 15714 (814) 948-5353

Hours: Contact number listed above

Fees: Contact number listed above

Services: Section 8 Subsidized Low Income Project. For more information call the on-site

office (number listed above). The complex is located above the Barnesboro

Swimming Pool in Northern Cambria, PA.

### **Garden Terrace Apartments**

730 Bloom Street Johnstown, PA 15902-1837 (814) 535-8291

Hours: Contact number listed above

Fees: Contact number listed above

Services: Section 8 housing for the elderly/handicapped. Applicants must be age 62 or

older, or be eligible to receive social security disability. All apartments are one bedroom. Rent is determined by income. Applications available upon request by phone or mail. A handy helper program has been developed to aide residents who require additional help to remain living independently and a program is

available to provide activities and resource coordinating.

### Habitat for Humanity of Cambria County

1086 Franklin Street Johnstown, PA 15905-4305 (814) 539-2884 Fax: (814) 539-0700

www.habitat.org

Hours: 8:30 a.m. – 4:30 p.m. Monday through Friday

Fees: Contact number listed above

Services: Habitat for Humanity of Cambria County is a non-profit Christian housing

ministry that partners with families that are living in substandard conditions and move them into a simple, decent and affordable house. All our funding comes

from donations from churches, individuals, businesses and foundations.

Johnstown Housing Authority

P.O. Box 419 Johnstown, PA 15907 (814) 535-7771

Fax: (814) 536-1768 www.pahra.org

Hours: Contact number listed above

Fees: Contact number listed above

Services: Public housing agency. The Johnstown Housing Authority assists in finding low

income public housing and Section 8.

### **Salvation Army**

576 Vine Street Johnstown, PA 15907-0968 (814) 539-3110

www.use.salvationarmy.org

Hours: Contact number listed above

Eligibility: Anyone except minors unless they are emancipated

Fees: None

Services: Food, clothing, shelter, medical and dental assistance and various other services

depending upon the need.

The Salvation Army also provides an evening meal Monday through Friday from

4:00pm until 5:00pm except on holidays.

Our shelter program is for adults and families. No person under the age of 18

may stay unless they are officially emancipated.

### **United Methodist Human Services**

436 Vine Street Johnstown, PA 15901-1921 (814) 539-2633

www.johnstownfirst.org

Hours: 8:30 a.m. – 4:30 p.m. Tuesday, Wednesday, Thursday

8:30 a.m. – 3:30 p.m. Friday

Fees: None

Services: Local food pantry and clothing closet referrals are available, as well as rent,

utilities and emergency household assistance to qualifying families.

**United Way of Laurel Highlands** 

422 Main Street, Suite 203 Johnstown, PA 15901 (814) 535-2563

Fax: (814) 535-2690

Hours: Contact number listed above

Fees: Contact number listed above

Services: The United Way of the Laurel Highlands helps meet local health and human-care

needs by supporting a network of 24 local charities with a single community wide campaign held annually. The United Way provides information and referral

services as well as emergency food, shelter and utility assistance.

### Cambria County Mental Health Assistance

### Cambria County Community Support Program Committee (CSP)

Johnstown, PA 15901 (814) 535-3166

Hours: Contact number listed above

Fees: Contact number listed above

Services: To improve the quality of life of persons who have existing mental illness.

Advocating for: increased community services. Consumers' legislative rights.

Reduce stigma through public awareness and education.

### Cambria County Mental Health Program

Central Park Complex 110 Franklin Street, Suite 400 Johnstown, PA 15901-1831 1-800-273-7310 (814) 534-2800

www.co.cambria.pa.us

Hours: Varies by program

Fees: A financial determination is completed to assess the individual's ability to pay.

No clients are refused for inability to pay.

Services: Intake and evaluation center, emergency services, crisis intervention, case

management, resource coordination service, intensive case management, outpatient services, forensic services, partial hospitalization program, family

based services and community hospital integration program project.

### Cambria Residential Services, Inc. (CRS)

338 Bloomfield Street, Suite 100 Johnstown, PA 15904-3272 (814) 266-1829

Fax: (814) 266-8156

Hours: Contact number listed above

Fees: Contact number listed above

Services: CRS provides residential and related services to persons with a disability related

to mental retardation or mental health guided by a highly individualized plan. Services include community residential mental retardation services, family living services, community residential mental health services and social rehabilitation

mental health services.

### Charter Behavioral Health Systems at Cove Forge

Martinsburg, PA 16662 1-800-873-2131

Hours: 24 hours per day/7 days per week

Fees: Contact number listed above

Services: Detoxification, alcohol and drug dependency, dual diagnosis, mental health,

mental retardation, including residential programs for adults and adolescents, half-way house, wrap around family services and out-patient recovery centers.

**Meadows Psychiatric Center** 

132 The Meadows Drive Centre Hall, PA 16828-9231 (814) 364-2161

www.themeadows.net

Hours: 24 hours per day/7 days per week

Fees: Contact number listed above

Services: Provides acute inpatient psychiatric care services for children, adolescents or

adults while stabilizing and treating individuals from a diverse population. The Meadows also provides child, adolescent and adult partial hospitalization programs, outpatient mental health clinics and community based wrap around

programs for children and adolescents.

**Memorial Medical Center** 

1086 Franklin Street Johnstown, PA 15905 (814) 534-9000

www.conemaugh.org

Hours: 24 Hours per day/7 days per week

Fees: Contact number listed above

Services: Provides a safe, secure, comfortable and therapeutic environment for older teens

and adults who require 24 hour psychiatric care on a short-term basis.

### Cambria County Parenting Services & Education

### **Alternative Community Resource Program**

131 Market Street 726 Franklin Street Johnstown, PA 15901 1-888-308-6783 www.acrpkids.org

Hours: 8:00 a.m. - 4:00 p.m.

Fees: Contact number listed above

Services: Family advocates and/or the Community Liaison are in contact with the family at

least 5 days of the week providing support, counseling with a therapist or family advocate, parent training, budgeting, respite care, transportation to appointments,

school contacts, etc.

Beginnings, Inc.

Wallace Building 406 Main Street, 2<sup>nd</sup> Floor Johnstown, PA 15901 1-888-458-8896 (814) 539-1919

Hours: Contact number listed above

Fees: Contact number listed above

Services: Early intervention services for children from birth to three years old. At risk

services for children from birth to three who are considered at risk of abuse or

neglect.

### Cambria County Children and Youth Services

Central Park Complex 110 Franklin Street, Suite 400 Johnstown, PA 15901 1-800-260-5860 (814) 539-7454

Fax: (814) 535-8210 www.co.cambria.pa.us

Hours: 8:00 a.m. – 4:00 p.m. Monday through Friday

Fees: Contact number listed above

Services: Child protective services, general services, placement services and adoption

services.

### **Cambria County Domestic Relations**

Cambria County Services Building 499 Manor Drive (Loretto Road) P.O. Box 398 Ebensburg, PA 15931 (814) 472-5433 1-800-638-4409

Fax: (814) 472-4771 www.co.cambria.pa.us

Hours: 9:00 a.m. – 4:00 p.m. Monday through Friday

Fees: None

Services: Assist people with domestic problems involving support payments. Assistance in

establishing paternity.

Child Care Information Services of Cambria County

300 Prave Street, Suite 101 Ebensburg, PA 15931 1-800-492-9292 (814) 472-6341

www.cciscambria.com

Hours: Contact number listed above

Fees: Contact number listed above

Services: Child Care Services of Cambria County is a comprehensive child care resource

and referral agency that provides resources and referral counseling, consumer education, technical assistance for child care programs and employers, training for

child care workers and parent education.

Family Counseling and Training

422 Main Street, Suite 201 Johnstown, PA 15901 1-800-870-7816 (814) 536-3801

www.wpalaw.org

Hours: 9:00 a.m. - 6:00 p.m.

Evening appointments as needed

Fees: Sliding scale

Services: Family and marital counseling, training and consultation, marital enrichment and

death education.

### **Forest Hills Latchkey Program**

547 Locust Street c/o Forest Hills Elementary School Sidman, PA 15955 (814) 487-5345 www.fhsd.k12.pa.us

Hours: Contact number listed above

Eligibility: Forest Hills Area Only

Fees: Contact number listed above

Services: Child care services for school age children (K-5th grade) before school and after

school for working parents and those parents pursuing any kind of training or

schooling.

**Highmark Caring Foundation** 

245 Market Street Johnstown, PA 15901 (814) 532-5431

www.wpacaringfoundation.com

Hours: 8:30 a.m. – 4:45 p.m. Monday through Friday

Fees: Contact number listed above

Services: Free or affordable health insurance for children (CHIP), bereavement support

programs for children, adolescents and families who have lost a loved one and

information and materials on preventive health care.

NAMI Pennsylvania

240 Vine Street Johnstown, PA 15901-2905

(814) 535-3166

www.nami.org

Hours: Contact number listed above

Fees: Contact number listed above

Services: Advocacy/education/support, family to family educational course and family to

family support.

### Mom's House, Inc. of Johnstown

1325 Franklin Street Johnstown, PA 15905 (814) 535-4848

Hours: Contact number listed above

Fees: None

Services: Mom's house offers free day care to single parents enrolled in educational

programs. Day care includes support, counseling, parenting classes and tutoring. A comprehensive network of support services, informal counseling on parenting,

nutrition, life skills and career options.

### **Westmont Family Counseling Ministries**

639 Luzerne Street Johnstown, PA 15905 (814) 536-0798

Fax: (814) 536-5746

Hours: Contact number listed above

Fees: Contact number listed above

Services: Offers counseling by qualified personnel whose work is guided by dedication to

mental health and grounded in a Christian commitment to family life. These services are for families, couples and individuals whose lives are disrupted by problems concerning dependencies, depression, addiction, abuse, self-esteem,

grief, anger, guilt, faith, etc.